

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

June 2024

Gretna Senior and Wellness Center

							1
	2 10 -11 a.m. Zumba Gold 11:15a.m. – 12:15 p.m. Bean Bag Baseball	3 9:15 – 10:15 a.m. Senior Circuit 10:30 – 11:30 a.m. Beanbag Baseball 10:30 – 11:30 a.m. – Hear Now hearing testing	4 10 – 11 a.m. Senior Aerobics 11 – 11:30 a.m. Chair Volleyball	5 10 – 11 a.m. Senior Fit & Fun 9:15 – 9:45 a.m. Pokeno 11:15 a.m. – 12:15 p.m. Paper Craft - Summer Dress gift bag	6 10 – 11 a.m. Line Dancing 11 – 12 a.m. Comm Care Hydration Presentation		8
	9 10 -11 a.m. Zumba Gold 11:15a.m. – 12:15 p.m. Bean Bag Baseball	10 9:15 – 10:15 a.m. Senior Circuit 10:30 – 11:30 a.m. All About Apps presentation 10:30 – 11:30 a.m. – Southeast Legal Services (ProBono) 11:30 – 12:30 p.m. Bean Bag Baseball Shavuot Begins	11 10 – 11 a.m. Senior Aerobics 11 – 11:30 a.m. Chair Volleyball	12 10 – 11 a.m. Senior Fit & Fun 9:15 – 9:45 a.m. Pokeno	13 10 – 11 a.m. Line Dancing 9:30 – 10:00 a.m. Household Air Pollution Study presentation Flag Day (US)		15
	16 10 -11 a.m. Zumba Gold 11:15a.m. – 12:15 p.m. Bean Bag Baseball Father's Day	17 9:15 – 10:15 a.m. Senior Circuit 10:30 – 11:30 a.m. Beanbag Baseball	18 CENTER CLOSED Juneteenth	19 10 – 11 a.m. Senior Fit & Fun 9:15 – 9:45 a.m. Pokeno 11:15 am – 12:15 pm Paper Craft – Pizza Treat box Summer Begins	20 10 – 11 a.m. Line Dancing		22
	23 10 -11 a.m. Zumba Gold 11:15a.m. – 12:15 p.m. Bean Bag Baseball	24 9:15 – 10:15 a.m. Senior Circuit 10:30 – 11:30 a.m. Beanbag Baseball	25 10 – 11 a.m. Senior Aerobics 11 – 11:30 a.m. Chair Volleyball	26 10 – 11 a.m. Senior Fit & Fun 9:15 – 9:45 a.m. Pokeno	27 10 – 11 a.m. Line Dancing 11:15 a.m. – 12:15 p.m. – June Birthday Party (members only)		29
	30 				 A UnitedHealthcare Company		

